Food Ideas

A Taste of Nigeria

A classic vegetable dish bursting with goodness and nutrients

Starter

Fresh fish pepper soup. A hearty and light soup, delicately seasoned with African spices and herbs.

Main Dish

Guinea Fowl cooked with edika-ikang vegetables, served with Pounded Yam and a light spicy pepper sauce.

Dessert

Warm coconut biscuit served with ice-cream.

Drink

Ice cold sobo with a dash of brandy

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All recipes from the Contemporary Nigerian Cuisine Cookbook

www.contmprorarynigeriancuisine.com
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